

MYERS' THEOREM.

Defⁿ: We say that the Ricci curvature of (M, g) is bounded below (resp above) by λ , and write $Rc \geq \lambda$ (resp $Rc \leq \lambda$) if $\forall \xi \in TM$,

$$Rc(\xi, \xi) \geq \lambda |\xi|^2 \quad (\text{resp } Rc(\xi, \xi) \leq \lambda |\xi|^2)$$

We say Ricci curvature is bounded by $\lambda > 0$ if $-\lambda \leq Rc \leq \lambda$.

Rk: 1) $Rc \geq \lambda \iff Rc - \lambda g$ is a +ve definite symmetric $(0,2)$ tensor. So we sometimes write $Rc \geq \lambda g$.

2) $\text{Sec}_g \geq K \implies Rc \geq (n-1)K$. To see this, if $\{e_i\}$ is an o.n.b for $T_p M$, then

$$Rc(e_i, e_i) = \sum_{j \neq i} Rm(e_j, e_i, e_i, e_j)$$

$$= \sum_{j \neq i} \text{sec}(e_i \wedge e_j)$$

$$\geq K \sum_{j \neq i} 1 = K(n-1)$$

The converse is not true if $n > 3$. For instance consider $S_{(1)}^2 \times S_{(2)}^2$ w/ product of round metrics $s^g = g_{S_{(1)}^2} \oplus g_{S_{(2)}^2}$. If we normalize s.t $Rc(g_{S_{(1)}^2}) = g_{S_{(1)}^2}$, then $Rc(g) = g$.

In particular $Rc g \geq 1$. But \exists 2-planes Π s.t $K(\Pi) = 0$.

3) $-\lambda \leq R_c \leq \lambda \implies |R_c| \leq \sqrt{n}\lambda$. Here recall that ⁽²⁾
 $|R_c|^2 = g^{ij} g^{kl} R_{ik} R_{jl}$. To see this, since R_c is
 symmetric & g is positive definite \exists coordinates
 s.t. at $p \in M$, $g_{ij} = \delta_{ij}$, & $R_{ij} = \lambda_i \delta_{ij}$. Then
 $-\lambda \leq R_c \leq \lambda$ at $p \iff -\lambda \leq \lambda_i \leq \lambda$
 $\iff |\lambda_i| \leq \lambda \forall i \implies (\sum \lambda_i^2)^{1/2} \leq \sqrt{n}\lambda$.

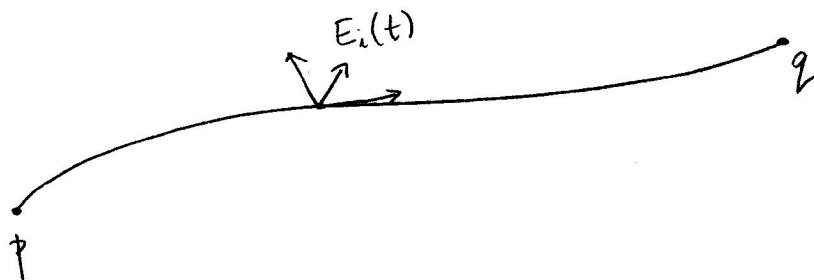
Conversely if $|R_c| \leq \sqrt{n}\lambda$, then $|\lambda_i| \leq \sqrt{n}\lambda \forall i$
 $\implies -\sqrt{n}\lambda \leq R_c \leq \sqrt{n}\lambda$. So boundedness of Ricci
 $\iff |R_c| \leq \tilde{\lambda}$ for some $\tilde{\lambda}$.

Thm 24.1: (Myers') Spcs (M, g) is complete w/
 $R_c \geq (n-1)\lambda$. Then

$$\text{diam}(M, g) \leq \frac{\pi}{\sqrt{\lambda}}$$

In particular, M is compact & has finite
 fundamental group.

Pf: Let γ be a minimizing unit speed
 geodesic segment w/ $L(\gamma) = L$.



Let $\{E_i(t)\}$ be a \perp -o.n.b. for $T_{\gamma(t)}M$. s.t.
 $E_n(t) := \dot{\gamma}(t)$.

For $i = 1, \dots, n-1$, let

(3)

$$V_i(t) = \sin \frac{\pi t}{L} \cdot E_i(t)$$

(Rk: On S_R^n , these are basically the normal Jacobi fields).

Then $V_i(0) = V_i(L) = 0$.

$$D_t V_i = \frac{\pi}{L} \cos \left(\frac{\pi t}{L} \right) \cdot E_i(t)$$

$$D_t^2 V_i = -\frac{\pi^2}{L^2} \sin \left(\frac{\pi t}{L} \right) \cdot E_i(t)$$

So,

$$\begin{aligned} I_n(V_i, V_i) &= \int_0^L \langle V_i', V_i' \rangle - R_m(V_i, \dot{\gamma}, \dot{\gamma}, V_i) \\ &= \int_0^L \frac{d}{dt} \langle V_i', V_i \rangle - \int_0^L (\langle V_i'', V_i \rangle + R_m(V_i, \dot{\gamma}, \dot{\gamma}, V_i)) \\ &= \int_0^L \sin^2 \left(\frac{\pi t}{L} \right) \left[\frac{\pi^2}{L^2} - R_m(E_i, \dot{\gamma}, \dot{\gamma}, E_i) \right] \end{aligned}$$

Summing from $i=1$ to $n-1$, since E_i is o.n.b.

$$\sum_{i=1}^{n-1} I_n(V_i, V_i) = \int_0^L \sin^2 \left(\frac{\pi t}{L} \right) \left[\frac{(n-1)\pi^2}{L^2} - R_c(\dot{\gamma}, \dot{\gamma}) \right]$$

$$\leq (n-1) \left(\frac{\pi^2}{L^2} - \lambda \right) \int_0^L \sin^2 \left(\frac{\pi t}{L} \right)$$

γ minimizing $\Rightarrow \int_{\gamma} (V_i, V_i) \geq 0 \quad \forall i$

(4)

So.

$$0 \leq (n-1) \left(\frac{\pi^2}{L^2} - \lambda \right) \int_0^L \sin^2 \left(\frac{\pi t}{L} \right)$$

So $\frac{\pi^2}{L^2} - \lambda \geq 0$ or $L \leq \frac{\pi}{\sqrt{\lambda}}$. Since this is true for any min. geodesic, $\text{diam} \leq \frac{\pi}{\sqrt{\lambda}}$.

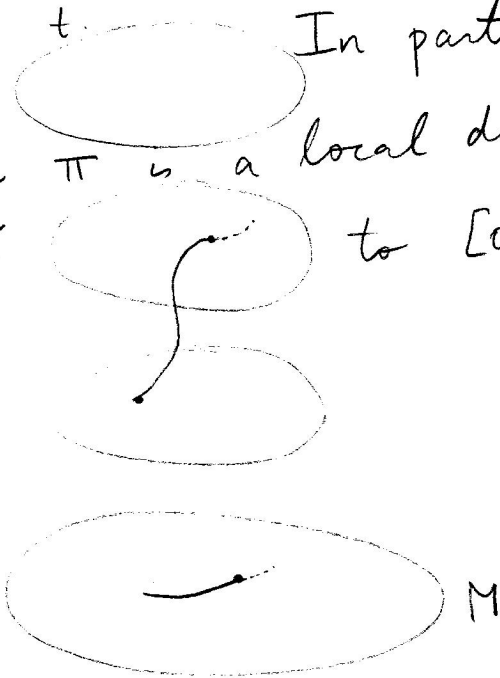
Hopf - Rinow $\Rightarrow M$ is compact.

Claim $\pi_1(M)$ is finite.

Pf: Let $\pi: \tilde{M} \rightarrow M$ be the universal cover.

Let $\tilde{g} = \pi^*g$. We claim that (\tilde{M}, \tilde{g}) is complete. If not, then \exists a geodesic $\tilde{\gamma}: [0, a)$ which cannot be extended. Then $\gamma = \pi \circ \tilde{\gamma}$ is a geodesic on M & hence exists $\forall t$. In particular exists on

$[0, a + \epsilon)$. Since π is a local diffeo, one can then extend $\tilde{\gamma}$ to $[0, a + \epsilon)$. Contradiction!



By Myer, \tilde{M} is compact. But $\pi_1(M) \cong \pi^{-1}(p)$ for each p . $\pi^{-1}(p)$ is a discrete set & hence has to be finite.

BISHOP - GROMOV VOLUME COMPARISON.

(5)

Recall: If (M^n, g) is an oriented Riem. mfld, then there is a natural volume form. If $g = g_{ij} dx^i \otimes dx^j$.
Then

$$dV_g = \sqrt{\det(g_{ij})} dx^1 \wedge \dots \wedge dx^n.$$

where dx^1, \dots, dx^n is an oriented basis of T^*M .

For any open set $U \subset M$, we denote the volume by

$$|U| = \int_U dV_g.$$

Th^m 24.2. Let (M^n, g) be a complete oriented mfld w/ $\text{Ric} \geq (n-1)K$. Let $(\tilde{M}_K, \tilde{g}_K)$ be the model s.c space form w/ $\text{Ric } \tilde{g}_K = (n-1)K$. For $p \in M$ & $\tilde{p} \in \tilde{M}_K$ let $B(p, r)$ & $B_K(\tilde{p}, r)$ denote balls of radius r in the respective metrics.

Then the function

$$r \longrightarrow \frac{|B(p, r)|}{|B_K(\tilde{p}, r)|}$$

is decreasing. In particular $|B(p, r)| \leq |B_K(\tilde{p}, r)|$.

Moreover, we have equality if & only if $B(p, r)$ is isometric to $B_K(\tilde{p}, r)$.

DISCUSSION: Recall that if $\widetilde{\text{Cut}}(p)$ is the cut locus in the tangent sp, then if $\tilde{U}_p = T_p M \setminus \widetilde{\text{Cut}}(p)$

$$\exp_p: \tilde{U}_p \longrightarrow U_p = M \setminus \text{Cut}(p).$$

is a diffeomorphism. Moreover, since $|Cut(p)| = 0$, for any open $U \subset M$, letting $\tilde{U} = \exp^{-1}(U \cap U_p)$.

$$|U| = \int_{\tilde{U}} \exp_p^* dV_g.$$

We can compute $\exp_p^* dV_g$ using Jacobi fields. We first need the full "global" Gauss Lemma.

Lemma 24.3: Let $v \in T_p M$, $w \in T_v T_p M \cong T_p M$, and let $r(t) = \exp_p(tv)$. Then

$$\langle \dot{r}(t), (d\exp_p)_{tv}(w) \rangle = \langle v, w \rangle.$$

In particular, $r(t)$ is \perp to the sphere

$$S_r = \{q \in M \mid d(p, q) = r\}.$$

Pf. Let $J(t) = (d\exp_p)_{tv}(w)$. Then J is a Jacobi field along r w/

$$J(0) = 0, \quad J'(0) = w.$$

We know that $\langle \dot{r}, J \rangle$ is a linear function

In fact

$$\begin{aligned} \langle \dot{r}, J \rangle &= \langle \dot{r}(0), J(0) \rangle + t \langle \dot{r}(0), J'(0) \rangle \\ &= t \langle v, w \rangle. \end{aligned}$$

$$\text{So } \langle \dot{r}, (d\exp_p)_{tv}(w) \rangle = \langle v, w \rangle.$$

Continuing w/ our discussion we work w/ normal coordinates & the corresponding polar coordinates on \tilde{U}_p . Fix a direction $\vec{\theta} \in S_p M$. Let $\vec{\theta}, e_2, \dots, e_n$ be an o.n.f for $T_p M$ & let (x^1, \dots, x^n) be the corresponding normal coordinates. Note, that the Lebesgue meas is

$$dx^1 \wedge \dots \wedge dx^n = r^{n-1} dr \wedge d\sigma_{n-1} \leftarrow \text{st-meas on } S^{n-1}$$

We can then write

$$\exp_p^* dV_g = A(r, \theta) \cdot r^{n-1} dr \wedge d\sigma_{n-1}$$

where $A(r, \theta) = \sqrt{\det g_{ij}(\exp_p(r\vec{\theta}))}$

Let J_i be 1 Jacobi-field s.t $J_i(0, \vec{\theta}) = 0$ & $J_i'(0, \vec{\theta}) = e_i$. Note that $J_i \in T^\perp(\exp_p(r\vec{\theta}))$. Also

$$\boxed{J_i(t, \vec{\theta}) = t(\text{dexp}_p)_{t\vec{\theta}}(e_i)}$$

Claim: $A(r, \theta) = r^{-n-1} \left| \frac{\partial}{\partial r} \wedge J_2 \wedge \dots \wedge J_n \right|$

Pf: Under $\exp_p|_{\tilde{U}_p}$, (x^1, \dots, x^n) give coordinates near $\exp_p(r\vec{\theta})$. In fact

$$\partial_1 \Big|_{\exp_p(r\vec{\theta})} = \dot{\gamma}(r) = \frac{\partial}{\partial r}, \quad \partial_i \Big|_{\exp_p(r\vec{\theta})} = \frac{J_i}{r}, \quad i=2, \dots, n$$

If we denote by $e_i(t)$, the 11-transp. of e_i along $\gamma(t) = \exp_p(t\vec{\theta})$, for $i = 2, \dots, n$, then since by Gauss' lemma, $J_i \perp \partial/\partial r$, we have

$$J_i = \sum_{k=2}^n a_{ik} e_k, \quad A = \{a_{ik}\}, \quad D = AA^T = (d_{ij}).$$

Also $\{e_k\}$ are o.n. So for $i, j \geq 2$

$$\begin{aligned} g_{ij} &= g(\partial_i, \partial_j) = z^{-2} g(J_i, J_j) \\ &= z^{-2} \sum_k a_{ik} a_{jk} = z^{-2} d_{ij}. \end{aligned}$$

$$g_{ii} = 1, \quad g_{ii} = 0 \quad \forall i \geq 2.$$

$$\text{So } \sqrt{\det g_{ij}} = z^{-(n-1)} \sqrt{\det(AA^T)} = z^{-(n-1)} |\det(A)|.$$

$$\text{But } J_2 \wedge \dots \wedge J_n = \det(A) e_2 \wedge \dots \wedge e_n.$$

$$\text{So } |J_2 \wedge \dots \wedge J_n| = |\det A|.$$

So

$$A(z, \vec{\theta}) = z^{-(n-1)} \left| \frac{\partial}{\partial r} \wedge J_2 \wedge \dots \wedge J_n \right|.$$

Example: Let $(M, g) = (S^r, g_{S^n})$, $p = (0, 0, \dots, 1)$.

Let $\gamma(t)$ be a great circle & $\{E_i(t)\}_{i=2}^n$ be a 11-o.n.f. along $\gamma(t)$. Let J_i be the Jacobi field w/ $J_i(0) = 0$, $J_i'(0) = E_i(0)$.

Then by our earlier work $J_i(t) = \sin(t) E_i(t)$ (9)
 $E_i \text{ o.n.} \Rightarrow$

$$A(r, \theta) = r^{-(n-1)} \sin^{n-1} \theta.$$

In particular.

$$|S^n| = \int_{S^{n-1}} \int_0^\pi r^{-(n-1)} \sin^{n-1} \theta \cdot r^{n-1} d\theta d\sigma_n.$$

$$= |S^{n-1}| \int_0^\pi \sin^{n-1} \theta d\theta.$$

$$= 2\pi^{\frac{n+1}{2}} / \Gamma\left(\frac{n+1}{2}\right).$$

