

• Recall. $\exp_p: \tilde{U}_p \rightarrow U_p$ is a diffeo. Fix a direction $\vec{\theta} \in S_p M$, and a orthonormal, oriented basis $\{\vec{\theta}, e_2, \dots, e_n\}$ for $T_p M$ w/ corresponding normal coordinates $\{x^1, \dots, x^n\}$ & polar coordinate $(r, \vec{\theta})$. Then

$$\exp_p^* dV_g = A(r, \vec{\theta}) r^{n-1} dr \wedge d\sigma_{n-1}, \text{ where}$$

$$A(r, \vec{\theta}) = r^{-(n-1)} |\partial_r \wedge J_2 \wedge \dots \wedge J_n|$$

$$J_i(r, \vec{\theta}) = t(d\exp_p)_{t\vec{\theta}}(e_i)$$

Th^m (Bishop - Grromov). Let (M^n, g) be complete oriented w/ $\text{Ric} \geq (n-1)K$. Let $(\tilde{M}_K^n, \tilde{g}_K)$ be the s.c. sp. form w/ $\text{sec}_{g_K} \equiv K$. For $p, \tilde{p} \in M, \tilde{M}_K$, let $B(p, r) \triangleq B_K(\tilde{p}, r)$ denote the respective metric balls of radius r . Then

$$r \longrightarrow \frac{|B(p, r)|}{|B_K(p, r)|}$$

is decreasing. In particular, $|B(p, r)| \leq |B_K(\tilde{p}, r)|$ w/ equality $\iff B(p, r) \cong_{\text{isom}} B_K(\tilde{p}, r)$.

• For the model sp., we have $dV_g = A_K(r, \vec{\theta}) r^{n-1} dr \wedge d\sigma_{n-1}$ with $A_K(r, \vec{\theta}) = A_K(r) = \left(\frac{\text{sn}_K(t)}{r}\right)^n$ where

$$\text{sn}_k(t) = \begin{cases} \frac{\sin(\sqrt{k} \cdot t)}{\sqrt{k}} & , k > 0 \\ t & k = 0 \\ \frac{\sinh(\sqrt{-k} t)}{\sqrt{-k}} & , k < 0 \end{cases} \quad (2)$$

Lemma 2.5.1 If $\text{Ric}_g \geq (n-1)K$, then $\forall z < \overset{\text{cut-time}}{\rho(\vec{\theta})}$

$$\frac{d}{dz} \log A(z, \vec{\theta}) \leq \frac{d}{dz} \log A_K(z)$$

In particular $A(z, \vec{\theta}) \leq A_K(z)$ w/ eq $\Leftrightarrow B(p, z) \cong B_K(\tilde{p}, z)$

Pf of Bishop-Gromov: Define

$$a(z) = \int_{S^{n-1}} A(z, \vec{\theta}) d\sigma_{n-1}(\vec{\theta}), \quad a_K(z) = \int_{S^{n-1}} A_K(z) d\sigma_{n-1} \\ = A_K(z) |S^{n-1}|$$

$$V(z) = |B(p, z)| / |B_K(\tilde{p}, z)|$$

Then

$$\begin{aligned} \frac{d}{dz} \log V(z) &= \frac{d}{dz} \log \int_0^z a(t) dt - \frac{d}{dz} \log \int_0^z a_K(t) dt \\ &= \frac{a(z)}{\int_0^z a(t) dt} - \frac{a_K(z)}{\int_0^z a_K(t) dt} \\ &= \frac{\int_0^z [a_K(t) a(z) - a_K(z) a(t)] dt}{\left(\int_0^z a(t) dt \right) \left(\int_0^z a_K(t) dt \right)} \end{aligned}$$

To complete the proof that $V(z) \downarrow$, we need. (3)

Claim $a_K(z) a(t) - a_K(t) a(z) \geq 0$ if $t \leq z$

Pf: Note that if $t \leq z$.

$$\frac{a(t)}{a_K(t)} = \frac{1}{|S^{n-1}|} \int \frac{A(t, \vec{\theta})}{A_K(t)} d\sigma_{n-1}(\vec{\theta}).$$

$$\geq \frac{1}{|S^{n-1}|} \int \frac{A(z, \vec{\theta})}{A_K(z)} d\sigma_{n-1}(\vec{\theta})$$

$$= \frac{a(z)}{a_K(z)}$$

Next, since $\lim_{z \rightarrow 0^+} \frac{|B(p, z)|}{|B_K(\tilde{p}, z)|} = 1$, we see that

$$V(z) \leq 1 \quad \forall z \text{ i.e. } |B(p, z)| \leq |B_K(\tilde{p}, z)|$$

In fact this follows directly from Lemma 25.1.

since $a(z) \leq a_K(z)$. Also, again by Lemma,

$$a(z) = a_K(z) \iff A(z, \vec{\theta}) = A_K(z) \iff B(p, z) \cong$$

$$B_K(\tilde{p}, z)$$

Pf of Lemma 25.1: As before fix $\vec{\theta} \in S_p M$, and

an o.n.f. $\{\vec{\theta}, e_2, \dots, e_n\}$ for $T_p M$. Let $r(t) =$

$\exp_p(t\vec{\theta})$ & extend this to a 11-o.n.f. $\{\frac{\partial}{\partial t}, e_2(t),$

$\dots, e_n(t)\}$ along $r(t)$. Recall that

$$J_i(t) = t(\text{dexp})_{t\vec{\theta}}(e_i), \quad J_i(0) = 0, \quad J_i'(0) = e_i(0).$$

For any $z < \rho(\vec{\theta})$, and $i \geq 2$, let $J_i^z(z) = e_i(z)$,

and let $J_i^z(t)$ be the unique Jacobi field

$$s.t \quad J_i^z(0) = 0, \quad J_i^z(z) = e_i(z). \quad (4)$$

Claim: $A(t, \vec{\theta}) = C_z t^{1-n} | \dot{r}(t) \wedge J_2^z(t) \wedge \dots \wedge J_n^z(t) |$

where $C_z^{-1} = | \dot{r}(t) \wedge J_2^{z'}(0) \wedge \dots \wedge J_n^{z'}(0) |$

Pf: Sp's $J_i(t) = \sum a_{ij}(t) e_j(t)$, $A(t) = (a_{ij}(t))$

& $B(t) = (b_{ij}(t)) = A(t)^{-1}$. Then $\forall i \sum b_{ik}(z) J_k(t)$

is a Jacobi field vanishing at $t=0$ & $e_i(z)$ at

$t=z$. So uniqueness \Rightarrow

$$J_i^z(t) = \sum_{k=2}^n b_{ik}(z) J_k(t)$$

So $A(t, \vec{\theta}) = t^{1-n} | \dot{r}(t) \wedge J_2^z(t) \wedge \dots \wedge J_n^z(t) |$

$$= \frac{t^{1-n} | \dot{r}(t) \wedge J_2^z(t) \wedge \dots \wedge J_n^z(t) |}{\det B(z)}$$

$$\det B(z)$$

$$= C_z t^{1-n} | \dot{r}(t) \wedge \dots \wedge J_n^z(t) |$$

where $C_z^{-1} = \det B(z)$

But notice $(J_i^z)'(0) = \sum_{k=2}^n b_{ik}(z) J_k'(0)$

$$= \sum_{k=2}^n b_{ik}(z) e_k(0)$$

Since $\{e_k(0)\}$ is o.n., $\det B(z) = | (J_2^z)'(0) \wedge \dots \wedge (J_n^z)'(0) |$

Note that, since $J_i^z \perp \dot{r}(t)$,

$$| \dot{r}(t) \wedge J_2^z(t) \wedge \dots \wedge J_n^z(t) | = \det \left(\langle J_i^z(t), J_k^z(t) \rangle \right)^{1/2} = D(t)^{1/2}$$

Then Claim \Rightarrow

(5)

$$\frac{A'(t, \vec{\theta})}{A(t, \vec{\theta})} = \frac{D'(t)}{2D(t)} - \frac{n-1}{t} \quad (*)$$

If $P(t) = (P_{ik}(t)) = (\langle J_i^z(t), J_k^z(t) \rangle)$, then

$$D'(t) = D(t) \text{Tr} (P(t)^{-1} P'(t))$$

But note that $P(z) = (\langle e_i(z), e_k(z) \rangle) = \text{id}$.

So

$$\frac{D'(z)}{D(z)} = \text{Tr} P'(z)$$

$$= 2 \sum_{i=2}^n \langle (J_i^z)'(z), J_i^z(z) \rangle$$

So plugging in $t=z$ in $(*)$.

$$\frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} = \sum_{i=2}^n \langle J_i^{z'}(z), J_i^z(z) \rangle - \frac{n-1}{z} \quad (**)$$

By the index formula

$$I_r(J_i^z, J_i^z) = \int_0^z \langle J_i^{z'}, J_i^{z'} \rangle - \text{Rm}(J_i^z, \dot{\gamma}, \dot{\gamma}, J_i^z)$$

$$= \langle (J_i^z)', J_i^z \rangle \Big|_{t=0}^z$$

(integration by parts & J_i^z is Jacobi)

$$= \langle (J_i^z)'(z), J_i^z(z) \rangle$$

$$\sqrt{S_0} \frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} = \sum_{i=2}^n I_r(J_i^z, J_i^z) - \frac{n-1}{z} \quad (**)$$

Now, consider the vector fields (for $i \geq 2$)

$$X_i^z(t) = \frac{\text{sn}_k(t)}{\text{sn}_k(z)} e_i(t).$$

Then $X_i^z(0) = 0 = J_i^z(0)$, $X_i^z(z) = e_i(z) = J_i^z(z)$.

So $I_r(J_i^z, J_i^z) \leq I_r(X_i^z, X_i^z)$ and hence

$$\frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} + \frac{n-1}{z} \leq \sum_{i=2}^n I_r(X_i^z, X_i^z).$$

Recalling that $\text{sn}_k''(t) + k \text{sn}_k(t) = 0$, we see that

$$D_t^2 X_i^z(t) = -k \frac{\text{sn}_k(t)}{\text{sn}_k(z)} e_i(t).$$

So

$$I_r(X_i^z, X_i^z) = \langle D_t X_i^z(z), X_i^z(z) \rangle + \int \left(\frac{\text{sn}_k(t)}{\text{sn}_k(z)} \right)^2 (k - \text{Re}(e_i, \dot{e}_i)) e_i$$

Summing up

$$\frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} + \frac{n-1}{z} \leq \sum_{i=2}^n \langle D_t X_i^z(z), X_i^z(z) \rangle = \frac{\text{sn}_k'(z)}{\text{sn}_k(z)} \cdot (n-1)$$

On the other hand, for the model space, (7)
 one can simply take $\tilde{J}_i(t) = \text{sn}_\kappa(t) e_i(t)$.

Then

$$A(t, \vec{\theta}) = (\text{sn}_\kappa(t))^{n-1} t^{1-n}$$

So
$$\frac{A'_\kappa(z)}{A_\kappa(z)} + \frac{n-1}{z} = \frac{\text{sn}'_\kappa(z)}{\text{sn}_\kappa(z)} (n-1)$$

So
$$\frac{d \ln A(z, \vec{\theta})}{dz} = \frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} \leq \frac{A'_\kappa(z)}{A_\kappa(z)} = \frac{d}{dz} \ln A_\kappa(z)$$

We have equality $\iff J_i^z = X_i^z \forall i$ (and $\forall \theta$).

Exercise: Prove that this implies that $B(p, z) \cong B_\kappa(\tilde{P}, z)$. (Hint: Refer to our proof that all space forms are locally isometric).

Also clearly $\lim_{z \rightarrow 0^+} \frac{A(z, \vec{\theta})}{A_\kappa(z)} = 1$.

So $A(z, \vec{\theta}) \leq A_\kappa(z) \forall z$.

• GEOMETRIC INTERPRETATION OF $A'(z, \vec{\theta}) / A(z, \vec{\theta})$

Fix $p \in M$, and consider $\rho(x) = d(p, x)$. If $x \notin \text{Cut}(p)$, then $|\nabla \rho| = 1$, so $S_z := \{\rho(x) = z\}$ is a smooth mfld. We let $m(z, \vec{\theta})$ be the mean curvature of $S_z \subset U_p$ at $x = \exp_p(z \vec{\theta})$. w.r.t $-\partial_x$.

Prop 25.2 At any $x \in U_p$ w/ $x = \exp_p(z \vec{\theta})$.

$$\frac{A'(z, \vec{\theta})}{A(z, \vec{\theta})} + \frac{n-1}{z} = \Delta \rho = m(z, \vec{\theta})$$

Pf: By an assignment problem, the ^{scalar} 2nd fund. form of $\rho = r$ is given (w.r.t. $\vec{n} = -\nabla\rho$) by

$$h(V, W) = \frac{\text{Hess } \rho(V, W)}{|\nabla\rho|}$$

$$\text{So } m(r, \vec{\theta}) = \text{tr Hess } \rho = \Delta\rho$$

We now compute $m(r, \vec{\theta})$ in terms of the Jacobi fields J_i^r . Recall that $J_i^r(r) = e_i(r)$.

By Weingarten w/ $N = -\partial_r = -\dot{r}(r)$

$$m(r, \vec{\theta}) = \sum_{i=2}^n h(e_i(r), e_i(r))$$

$$= - \sum_{i=2}^n \langle \nabla_{e_i(r)} \dot{r}(r), e_i(r) \rangle$$

$$= \sum_{i=2}^n \langle (J_i^r)'(r), J_i^r(r) \rangle$$

$$= \frac{A'(r, \vec{\theta})}{A(r, \vec{\theta})} + \frac{n-1}{r} \quad \text{by } (**)$$

Then Lemma 25.1 \iff

(Laplace comparison)

Prop 25.3 If $\text{Ric} \geq (n-1)K$, then $\forall r < \rho(\vec{\theta})$

$$\Delta\rho \leq \Delta_K \rho_K$$

Rk Bishop-Gromov follows directly from this.

Cor 25.4 Let (M, g) be complete w/ $\text{Ric} \geq (n-1)K$

(a) If $K > 0$, then \exists dimensional constant C_n s.t

$$|B(p, r)| \geq C_n K^{n/2} r^n$$

(b) If $K = 0$, then $\overset{M \text{ is non-comp.}}{\exists}$ const. $C = C(p, n)$ s.t $\forall r > 0$

$$|B(p, r)| \geq Cr$$

Rk: If $K = 0$, one cannot do better than linear volume growth. e.g cylinder.

• APPLICATION TO $\pi_1(M)$

Defⁿ) Let G be a finitely generated group w/ generator $\Gamma = \{g_1, \dots, g_N\}$. The growth function of G w.r.t Γ is defined by

$$N_G^\Gamma(k) = \# \{g \in G \mid \exists l \leq k \ \& \ g_{i_1} \dots g_{i_l} \in \Gamma \text{ s.t. } g = g_{i_1}^{\pm 1} \dots g_{i_l}^{\pm 1}\}$$

2) We say G has poly. growth if $\exists C > 0$ s.t

$$N_G^\Gamma(k) \leq Ck^n$$

Th^m (Milnor) Let M be complete w/ $\text{Ric} \geq 0$ & $G \subset \pi_1(M)$ be finitely gen. Then $\exists C = C(g, \Gamma)$ s.t

$$N_G^\Gamma(k) \leq Ck^n$$

